

Ras Mynyddoedd 1000 Metr Cymru 2012 Welsh 1000 Metre Race 2012

Fell Runners: Class A
Rhedwyr Mynydd: Dosbarth A

9 Mehefin 2012
9th June 2012

Amser Cychwyn: 09:00
Start Time: 09:00

Safe Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb Penalty	Ogwen	Pen y Pass	Diwedd Finish
1	169	Richard Roberts	Male Open	Eryri Harriers	00:00	01:28	02:29	03:30:02
2	39	Matthew Fortes	Male Open	Eryri Harriers	00:00	01:28	02:29	03:30:19
3	163	Duncan Harris	Male Vet 40	City of Chester Triathlon Club	00:00	01:28	02:33	03:34:07
4	29	Ken Sutor	Male Open	Cheshire Hash House Harriers	00:00	01:28	02:33	03:36:10
5	172	Matthew Gilbert	Male Open	Wreccsam Tri	00:00	01:31	02:40	03:41:12
6	105	James McQueen	Male Vet 40	Eryri Harriers	00:00	01:31	02:40	03:44:51
7	139	Michael Belshaw	Male Vet 50	Eryri Harriers	00:00	01:33	02:39	03:45:20
8	79	James Jackson	Male Vet 40	Axe Valley Runners	00:00	01:29	02:39	03:46:37
9	141	Adrian Williams	Male Vet 40	Eryri Harriers	00:00	01:31	02:40	03:49:15
10	166	Paul Barbier	Male Vet 40	Eryri Harriers	00:00	01:36	02:44	03:51:03
11	65	Simon Ellis	Male Vet 40	Tattenhall Runners	00:00	01:29	02:40	03:52:47
12	122	Graham Collins	Male Vet 40	Belper Harriers	00:00	01:32	02:46	03:54:42
13	41	Owen Manod Rees	Male Open	Unattached	00:00	01:32	02:42	03:57:01
14	102	Jevgenijs Petrovs	Male Open	SLOW	00:00	01:32	02:44	03:57:25
15	30	Saul Taylor	Male Open	Belper Harriers	00:00	01:34	02:47	03:58:09
16	63	Mark Atherton	Male Vet 40	Meirionnydd RC	00:00	01:32	02:42	03:59:18
17	66	Glyn Fletcher	Male Vet 50	Maldwyn Harriers	00:00	01:31	02:42	04:00:33
18	146	Jim Rhodes	Male Vet 40	Bowland Fell Runners	00:00	01:33	02:49	04:02:07
19	55	Andrea Rowlands	Female Open	Eryri Harriers	00:00	01:35	02:52	04:02:16
20	153	Matty Brennan	Male Open	Erewash Valley Running Club	00:00	01:40	02:54	04:03:14
21	5	Chris Baynham-Hughes	Male Open	Helsby RC	00:00	01:33	02:52	04:04:38
22	80	David Wilcox	Male Vet 40	Fell Runners Association	00:00	01:31	02:40	04:04:49
23	40	David Morris	Male Open	Unattached	00:00	01:36	02:55	04:05:29
24	56	David Buchanan	Male Vet 50	Pudsey & Bramley AC	00:00	01:36	02:55	04:06:07
25	143	Col Neil Wilson	Male Vet 40	LWC Harriers	00:00	01:31	02:42	04:10:13
26	160	Dylan Webber	Male Open	Eryri Harriers	00:00	01:39	02:56	04:17:57
27	33	Paul Chester	Male Open	Unattached	00:00	01:31	02:51	04:18:33
28	101	David Pattison	Male Vet 40	Ful-On Tri Club	00:00	01:36	03:07	04:18:40
29	90	Ssgt Longster	Male Open	170 (IS) Engr Gp	00:00	01:37	02:58	04:20:08
30	171	Rory O'Donnell	Male Open	Eryri Harriers	00:00	01:32	02:53	04:23:47
31	31	Samuel Harrison	Male Open	Unattached	00:00	01:42	03:05	04:24:54
32	159	Major William Eden	Male Open	LWC Harriers	00:00	01:43	03:07	04:28:33
33	108	Stephen Crosby-Jones	Male Open	Army Triathlon Association	00:00	01:46	03:10	04:30:03
34	34	Chris Dunkerley	Male Open	Mercia Fell Runners	00:00	01:47	03:14	04:30:52
35	73	Edward Steele	Male Open	Tunbridge Wells Harriers	00:00	01:47	03:15	04:34:53
36	167	Catherine Evans	Female Open	Keswick AAC	00:00	01:44	03:09	04:35:18
37	168	Christopher Evans	Male Open	Keswick AAC	00:00	01:44	03:10	04:35:21
38	129	Mark Agnew	Male Vet 40	Mercia Fell Runners	00:00	01:46	03:14	04:36:15
39	145	Andy Quicke	Male Open	Manchester Triathlon Club	00:00	01:40	03:07	04:36:19
40	124	Ralph Pawling	Male Open	Unattached	00:00	01:43	03:11	04:37:11
41	123	John Parkinson	Male Vet 40	Eryri Harriers	00:00	01:43	03:13	04:37:15
42	25	Yiannis Tridimas	Male Vet 60	Bowland Fell Runners	00:00	01:53	03:16	04:38:17
43	134	Andy Humphrey	Male Open	Eastleigh RC	00:00	01:51	03:21	04:41:29
44	111	Martyn Richards	Male Open	Unattached	00:00	01:41	03:10	04:45:37
45	157	James Wilson	Male Open	Unattached	00:00	01:48	03:19	04:48:13
46	23	Neil Standing	Male Vet 40	Unattached	00:00	01:47	03:20	04:49:10
47	22	Russell Taylor	Male Vet 40	Unattached	00:00	01:47	03:21	04:49:14
48	11	Jason Harrison	Male Vet 40	Chippenham Harriers	00:00	01:33	03:04	04:49:36
49	6	Ruth Isaacs	Female Vet 50	Pensby Runners	00:00	01:47	03:28	04:51:24
50	161	Richard Hyde	Male Vet 40	Erewash Valley Running Club	00:00	01:53	03:29	04:51:35
51	85	Mike Symons	Male Vet 40	Manchester YMCA Harriers	00:00	01:51	03:22	04:53:19
52	53	Andy Dunn	Male Open	Bristol and West AC	00:00	01:46	03:20	04:53:41
53	116	Craig Lewis	Male Vet 40	Amazing Feet RC	00:00	01:47	03:30	04:55:15
54	107	Steve Clarke	Male Vet 40	Amazing Feet RC	00:00	01:46	03:30	04:55:18
55	135	Helen Angharad John	Female Open	Eryri Harriers	00:00	01:50	03:23	04:55:30
56	147	Neil Dyer	Male Open	Unattached	00:00	01:55	03:25	04:55:34
57	130	Ian Biggs	Male Vet 40	Wells City Harriers	00:00	01:44	03:16	04:57:21
58	96	Andrew Turner	Male Open	Unattached	00:00	01:43	03:17	04:59:11
59	94	John O'Dwyer	Male Open	Unattached	00:00	02:02	03:36	04:59:54
60	7	Brian Robbins	Male Vet 60	Eryri Harriers	00:00	01:54	03:34	05:02:57
61	158	Lt Col Mike Shervington	Male Vet 40	LWC Harriers	00:40*	01:33	03:04	05:03:05
62	14	David Owen	Male Vet 60	Prestatyn RC	00:00	01:53	03:29	05:05:24
63	128	Jim Davis	Male Vet 40	Clwydian Range Runners	00:00	01:46	03:22	05:05:29
64	74	Chris Brumby	Male Vet 40	Sandbach Striders	00:00	02:03	03:42	05:10:08
65	170	Mark Cliff	Male Vet 40	Unattached	00:00	01:53	03:43	05:10:38
66	75	Gavin Poynton	Male Open	Bowline CC	00:00	02:03	03:44	05:11:40
67	20	Hugh Rivett	Male Open	Unattached	00:00	01:51	03:30	05:12:01

68	89	Ssgt	Martindale	Male Open	170 (IS) Engr Gp	00:00	01:47	03:31	05:13:07
69	78	Jonathan	Croome	Male Vet 40	Unattached	00:00	01:57	03:34	05:13:31
70	121	Edwin	Sherstone	Male Vet 40	Southport Waterloo AC	00:00	01:57	03:35	05:13:38
71	133	Clive	Edwards	Male Vet 50	WFRA	00:00	01:54	03:36	05:14:14
72	19	Nich	Bradley	Male Vet 50	Meirionnydd Running Club	00:00	01:57	03:39	05:16:52
73	46	Alistaire	MacGregor	Male Open	Unattached	00:00	01:49	03:39	05:17:51
74	92	Jan	Rogers	Female Vet 40	City of Chester Triathlon Club	00:00	01:54	03:46	05:20:28
75	127	Iain	Povey	Male Vet 50	Cumberland Fell Runners	00:00	01:56	03:41	05:21:07
76	64	Mr Jamie	Dale	Male Open	Metropolitan Police AC	00:00	02:02	03:36	05:22:16
77	15	Lisa	Grantham	Female Open	Wirral AC	00:40*	01:35	03:17	05:24:59
78	71	Andrew	Ryan	Male Open	Unattached	00:00	02:02	03:49	05:25:01
79	84	James	Ballard	Male Open	Unattached	00:00	02:02	03:49	05:25:07
80	120	Andy	McPherson	Male Open	Brabond A.C.	00:00	02:05	03:45	05:25:40
81	35	Simon	Holford	Male Vet 40	Tunbridge Wells Harriers	00:00	02:02	03:56	05:28:59
82	38	George	Harris	Male Open	Tunbridge Wells Harriers	00:00	02:02	03:56	05:29:02
83	1	Nigel	Crompton	Male Vet 50	Pensby Runners	00:00	01:54	03:43	05:30:13
84	18	Darren	Burns	Male Vet 40	Fell Ponies	00:00	02:09	03:52	05:30:45
85	44	Peter	Lester-Owen	Male Vet 50	Mysteruns of Abergele	00:00	02:01	03:53	05:36:44
86	99	Celia	Mills	Female Vet 40	Mercia Fell Runners	00:00	02:01	03:54	05:36:52
87	144	Mark	Card	Male Open	Unattached	00:00	02:03	03:57	05:49:38
88	87	John	Pelton	Male Vet 40	Unattached	00:00	02:07	03:58	05:52:44
89	86	Stephen	Whitlock	Male Vet 40	Unattached	00:00	02:07	03:58	05:52:50
90	13	John	Newby	Male Vet 40	Somerset RC Tri	00:00	02:10	04:16	05:56:16
91	12	Matt	Price	Male Vet 40	Somerset RC Tri	00:00	02:10	04:16	05:56:23
92	59	Alwyn	Williams	Male Open	Eryri Harriers	00:00	02:10	04:00	06:05:42
93	82	Roy	Mitton	Male Vet 40	170 (IS) Engr Gp	00:00	02:16	04:22	06:07:54
94	42	Ian	Blakebrough	Male Vet 60	Cheshire Hash House Harriers	00:00	02:09	04:16	06:11:49
95	16	Chris	Gunn	Male Vet 40	Somerset R.C. Tri	00:40*	02:10	04:16	06:31:02
=	148	Ashley	Wager	Male Vet 50	Eryri Harriers		01:36	03:07	Rtd
=	61	Chris	Wilcox	Male Vet 50	Clwydian Range Runners		01:45	03:22	Rtd
=	164	Peter	Browning	Male Vet 50			01:54		Rtd
=	162	Philippe	Werey	Male Vet 40	Southville RC		02:05		Rtd

* Failed to punch at Ugain

Ras Mynyddoedd 1000 Metr Cymru 2012 Welsh 1000 Metre Race 2012

Mountaineers: Class B & C
Mynyddwyr: Dosbarth B & C

9 Mehefin 2012
9th June 2012

Amser Cychwyn: 08:30
Start Time: 08:30

Safe Pos	Rhif No.	Enw Name		Dosbarth Category	Clwb Club	Cosb		Pen y Pass	Diwedd Finish
						Penalty	Ogwen		
	1	233	Thomas Prytherch	Male Vet 40	North Wales Police	00:00	01:44	03:15	04:44:29
	2	210	Robert Hind	Male Vet 50	NW Police	00:00	01:45	03:29	04:57:05
	1	194	James Allen	Male Open	Unattached	00:00	02:08	03:42	05:09:07
	2	184	Roy Silver	Male Vet 50	Les Croupiers	00:00	02:05	03:42	05:12:13
	3	207	Paul Hodges	Male Vet 40	Eryri Harriers	00:00	02:02	03:38	05:15:40
	3	199	Shaun Phillips	Male Vet 40	Unattached	00:00	02:05	03:46	05:19:58
	4	239	Martin Crossley	Male Open	Unattached	00:00	02:18	04:06	05:47:51
	4	185	Nathan Jones	Male Open	Bournville Harriers	00:00	02:24	04:17	05:56:21
	5	186	Anthony Jones	Male Open	Unattached	00:00	02:24	04:17	05:56:26
	6	178	Pat Peers	Female Vet 50	Pensby Runners	00:00	02:21	04:27	06:06:56
	7	187	Wo2 Tim Webber	Male Vet 40	106 regt Rt (V)	00:00	02:16	04:17	06:16:46
	8	181	Pete Shelling	Male Vet 40	RAFMA	00:00	02:21	04:25	06:23:08
	9	193	Steve Harris	Male Vet 50	WFRA	00:00	02:21	04:17	06:23:23
	10	191	Shaun Bellinger	Male Vet 40	Unattached	00:00	02:24	04:26	06:24:34
	5	216	Michael O'rourke	Male Vet 50	Unattached	00:00	03:03	05:01	06:41:49
	6	228	John Gibson	Male Vet 40	Unattached	00:00	03:02	05:00	06:46:01
	11	200	Andrew Wooderson	Male Vet 50	Unattached	00:00	02:33	04:43	06:56:13
	12	176	Colin Baker	Male Vet 40	Forest of dean athletic club	00:00	02:56	05:23	06:06:48
	7	221	Claire O'Rouke	Female Open	Unattached	00:00	03:03	05:15	07:08:56
	8	229	John Ansell	Male Open	Unattached	00:00	02:55	05:11	07:16:23
	9	230	Jeff Price	Male Open	MBNW	00:00	02:55	05:11	07:16:33
	13	180	Martin Norton	Male Open	Unattached	00:00	02:57	05:25	07:19:42
	14	177	Joe Barlow	Male Vet 50	Unattached	00:00	02:57	05:25	07:33:45
	15	179	Andy Cox	Male Vet 40	Unattached	00:00	02:58	05:24	07:46:19
	10	227	Andrew Moncur	Male Open	Unattached	00:00	03:00	05:27	07:53:57
	11	218	Steven Mason	Male Open	Unattached	00:00	02:59	05:26	07:54:07
	12	217	Anthony Mason	Male Vet 50	Unattached	00:00	03:00	05:26	07:54:18
	16	195	Geoff Price	Male Vet 60	Unattached	00:00	03:08	05:51	07:54:45
	13	213	Michael Davies	Male Vet 50	Unattached	00:00	03:03	05:40	07:56:29
	14	215	John Watts	Male Vet 40	Unattached	00:00	03:03	05:40	07:56:46
	15	231	Luke Richards	Male Open	Unattached	00:00	03:02	06:18	07:57:47
	17	188	Wo2 Jason Vernon	Male Vet 40	210Bty	00:00	02:58	05:24	08:02:22
	18	189	Matthew Barlow	Male Vet 40	Unattached	00:00	02:57	05:25	08:03:43
	16	223	Helen O'Rouke	Female Open	Unattached	00:00	03:03	05:41	08:07:33
	19	183	Howard Dymond	Male Open	Unattached	00:00	03:01	05:49	08:08:39
	17	222	Martin O'Rouke	Male Vet 50	Unattached	00:00	03:03	05:41	08:08:47
	20	182	Ken Pudney	Male Vet 50	Unattached	00:00	03:01	05:50	08:11:48
	18	208	Mark Evans	Male Open	Unattached	00:00	02:39	05:31	08:13:01
	19	237	Caroline White	Female Vet 50	Unattached	00:00	03:06	05:55	08:24:33
=		232	Christopher Richards	Male Vet 60	Unattached		03:02	06:23	Rtd
=		238	Fraser Mackay	Male Vet 60	Unattached		02:53		Rtd
=		190	Mike Grice	Male Vet 40	Unattached		03:01		Rtd
=		220	Alistair Hutchinson	Male Open	Unattached		03:03		Rtd

Ras Mynyddoedd 1000 Metr Cymru 2012

Welsh 1000 Metre Race 2012

Team: Class D
Tim: Dosbarth D

9 Mehefin 2012
9th June 2012

Amser Cychwyn: 08:00
Start Time: 08:00

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Cosb		Pen y Pass	Diwedd Finish
					Penalty	Ogwen		
1	287	Second Lt Knodsen	Male Open	50 OPR Coy REME A	00:00	02:02	03:36	04:52:00
2	274	Lcpl Reason	Male Junior	2 CS Bn REME A	00:00	02:01	03:35	04:56:52
3	275	Cpl Neil Craven	Male Junior	2 CS Bn REME A	00:00	02:01	03:34	04:59:12
4	288	Cpl Jilley	Male Open	50 OPR Coy REME A	00:00	02:02	03:36	05:03:25
5	290	Lt Brook	Male Open	50 OPR Coy REME A	00:00	02:01	03:35	05:04:09
6	273	Warrant Officer Cl Thomas	Male Open	2 CS Bn REME A	00:00	02:01	03:35	05:06:15
7	277	Pte Surrendra Gurung	Male Junior	2 CS Bn REME B	00:00	02:02	03:38	05:15:01
8	276	Cpl Jamie Parker	Male Junior	2 CS Bn REME B	00:00	02:02	03:38	05:17:28
9	278	LCol Thompson	Male Junior	2 CS Bn REME B	00:00	02:02	03:38	05:26:21
10	285	Cpl Anderson	Male Open	2 FD Coy B	00:00	02:20	04:04	05:37:50
11	296	Cpl Foster	Male Open	101 FS Bn REME A (Res)	00:00	02:18	04:14	05:48:28
12	295	Ssgt Tinker	Male Open	101 FS Bn REME A (Res)	00:00	02:18	04:14	05:52:32
13	284	Sgt Kirkham	Male Open	2 FD Coy B	00:00	02:19	04:04	05:54:10
14	299	Cfn Harkins	Male Open	50 OPR Coy REME B	00:00	02:18	04:17	05:56:14
15	300	Cfn Watson	Male Open	50 OPR Coy REME B	00:00	02:18	04:17	05:57:38
16	286	Cpl Haslam	Male Open	2 FD Coy B	00:00	02:20	04:04	06:00:03
17	283	Cfn McRoberts	Male Open	2 FD Coy B	00:00	02:20	04:04	06:00:16
18	301	Cfn Tinsley	Male Open	50 OPR Coy REME B	00:00	02:18	04:17	06:04:15
19	302	Lt Brook	Male Open	50 OPR Coy REME B	00:00	02:18	04:17	06:12:05
20	298	Cfn Leah	Male Open	101 FS Bn REME A (Res)	00:00	02:18	04:14	06:12:18
21	294	Pte Pritchard	Male Open	101 FS Bn REME A (Res)	00:00	02:18	04:14	06:16:46
22	255	Second Lt Chapple	Male Open	457Bty (Res)	00:00	02:37	05:13	06:46:42
23	297	Lcpl Shea	Male Open	101 FS Bn REME B (Res)	00:00	02:41	04:57	06:55:44
24	291	Lcpl Myatt	Male Open	101 FS Bn REME B (Res)	00:00	02:41	04:59	07:16:03
25	315	Bdr Whitby	Male Open	24 Bty B	00:00	02:41	05:14	07:16:50
26	319	Bdr Burnett	Male Open	24 Bty C	00:00	02:41	05:14	07:16:58
27	320	Gnr Christie	Male Junior	24 Bty C	00:00	02:41	05:14	07:18:07
28	235	Liam Ward	Male Open	17 Port and Maritime Workshop B	00:00	02:49	05:10	07:20:39
29	236	Christian Le Gallez	Male Open	17 Port and Maritime Workshop B	00:00	02:49	05:11	07:20:46
30	234	Steven Fergusson	Male Open	17 Port and Maritime Workshop B	00:00	02:49	05:11	07:21:11
31	269	Jack Harris	Male Open	17 Port and Maritime Workshop	00:00	02:49	05:11	07:21:22
32	268	Chris Evans	Male Open	17 Port and Maritime Workshop	00:00	02:49	05:10	07:21:31
33	266	Gordon Meikle	Male Open	17 Port and Maritime Workshop	00:00	02:49	05:10	07:21:46
34	267	Harry Turner	Male Open	17 Port and Maritime Workshop	00:00	02:49	05:11	07:22:03
35	279	Philip Brighthouse	Male Open	8 Flight AAC	00:00	03:16	05:43	07:25:14
36	282	Oliver Jenkinson	Male Open	8 Flight AAC	00:00	03:16	05:43	07:25:37
37	324	Sgt Barbour	Male Open	34 Bty	00:00	02:53	05:35	07:26:29
38	326	Gnr Munegna	Male Junior	34 Bty	00:00	02:53	05:35	07:27:21
39	257	Gnr Hope	Male Open	457Bty (Res)	00:00	02:38	05:13	07:27:38
40	256	Sgt Keddy	Male Open	457Bty (Res)	00:00	02:37	05:13	07:29:06
41	321	Gnr Cooper	Male Junior	24 Bty C	00:40*	02:41	05:14	07:31:45
42	316	Gnr Palmer	Male Junior	24 Bty B	00:40*	02:41	05:14	07:31:52
43	322	Gnr Golden	Male Open	24 Bty C	00:40*	02:41	05:14	07:31:57
44	318	Gnr Ternent	Male Open	24 Bty B	00:40*	02:41	05:14	07:32:10
45	317	Gnr Speakman	Male Open	24 Bty B	00:40*	02:41	05:14	07:32:18
46	263	Lbdr Brooks	Male Open	210 Bty (Res)	00:00	02:46	05:24	07:45:21
47	258	WO2 Webber	Male Vet 40	265 Bty (Res)	00:00	03:01	05:31	07:50:47
48	260	Gnr Harper Griffin	Male Open	265 Bty (Res)	00:00	03:00	05:29	07:51:05
49	323	Sgt Kelly	Male Open	34 Bty	00:00	02:53	05:36	07:53:01
50	325	Sgt Williams	Male Open	34 Bty	00:00	02:53	05:36	07:53:17
51	280	Richard Shickle	Male Open	8 Flight AAC	00:00	03:16	05:44	07:55:44
52	281	Chris Linguard	Male Open	8 Flight AAC	00:00	03:15	05:45	07:56:19
53	270	Captain Paul Cooper	Male Open	PJHQ	00:00	03:04	05:32	08:02:22
54	272	Captain Adam Stapley	Male Open	PJHQ	00:00	03:04	05:32	08:02:37
55	271	Major Matt Hughes	Male Open	PJHQ	00:00	03:04	05:32	08:02:43
56	254	Wo2 Horrigan	Male Vet 40	457Bty (Res)	00:00	02:38	05:17	08:11:48
57	248	Sgt Diane Mitson	Female Open	170 (IS) Engr Gp	00:00	03:03	05:47	08:12:02
58	249	Spr Ben Jarratt	Male Open	170 (IS) Engr Gp	00:00	03:03	05:47	08:12:23
59	247	Ssgt Robinson	Male Open	170 (IS) Engr Gp	00:00	03:03	05:47	08:12:25
60	261	Gnr Dellow	Male Open	265 Bty (Res)	00:00	03:01	05:24	08:13:12
61	264	Gnr Henley	Male Open	210 Bty (Res)	00:00	02:47	05:54	08:13:30
62	265	Gnr Penny	Male Junior	210 Bty (Res)	00:00	02:46	05:54	08:13:44
63	262	LBdr Kitajewski	Female Open	210 Bty (Res)	00:00	02:47	05:54	08:13:54
64	308	Sgt Acland	Male Vet 40	JADTEU	00:00	03:02	05:52	08:18:20
65	307	Capt Masterton	Male Vet 40	JADTEU	00:00	03:02	05:52	08:18:38
66	309	Csgt Curley	Male Open	JADTEU	00:00	03:02	05:52	08:18:54

67	331	Thomas	Salt	Male Open	Knight Ambling	00:00	03:03	05:51	08:23:28
68	333	George	Salt	Male Open	Knight Ambling	00:00	03:04	05:52	08:23:38
69	332	Peter	Knight	Male Open	Knight Ambling	00:00	03:04	05:52	08:23:47
70	259	WO2	East	Male Vet 40	265 Bty (Res)	00:40*	03:01	05:31	08:28:24
=	306	Cfn	Budna Magar	Male Open	2FD Coy A		02:04	03:56	Rtd
=	293	Cfn	Edmondson	Male Open	101 FS Bn REME B (Res)		02:41	05:46	Rtd
=	292	Lcpl	Seabourne	Male Open	101 FS Bn REME B (Res)		02:41	05:46	Rtd
=	289	Lcpl	Henley	Male Open	50 OPR Coy REME A		02:02		Rtd
=	305	Cfn	Moss	Male Open	2FD Coy A		02:04		Rtd
=	303	Lcpl	Rai	Male Open	2FD Coy A		02:04		Rtd
=	304	Cfn	Evans	Male Junior	2FD Coy A		02:04		Rtd
=	311	Bdr	Davis	Male Open	24 Bty A		02:33		Rtd
=	312	Gnr	Bratton	Male Junior	24 Bty A		02:33		Rtd
=	314	Gnr	Williams	Male Junior	24 Bty A		02:33		Rtd
=	313	Gnr	Cook	Male Junior	24 Bty A		02:33		Rtd
=	327	Gnr	Seal	Male Open	1st Bty		03:20		Rtd
=	329	Bdr	Davies	Male Open	1st Bty		03:20		Rtd
=	330	Bdr	Lyons	Male Open	1st Bty		03:20		Rtd
=	328	Sgt	Dunkley	Male Open	1st Bty		03:20		Rtd

* Failed to punch at Ugain

Ras Mynyddoedd 1000 Metr Cymru 2012 Welsh 1000 Metre Race 2012

Fell Runners: Class E
Rhedwyr Mynydd: Dosbarth E

9 Mehefin 2012
9th June 2012

Amser Cychwyn: 10:41
Start Time: 10:41

Safle Rhif	Enw	Dosbarth	Clwb	Cosb	Pen y	Diwedd
Pos No.	Name	Category	Club	Penalty	Pass	Finish
1 51	Lawrence	Eccles	Male Open	Penny Lane Striders	00:00	00:55 01:54:51
2 363	Lliffon	Foulkes	Male Open	Eryri Harriers	00:00	00:59 02:01:38
3 353	Kean	Rowlands	Male Vet 50	Clwydian Range Runners	00:00	00:59 02:06:32
4 104	Steven	Knight	Male Open	Unattached	00:00	01:01 02:06:58
5 241	Cedric	Clemerson	Male Vet 50	Heathfield RRC	00:00	01:07 02:19:29
6 36	Matt	Harrison	Male Open	Unattached	00:00	01:05 02:22:35
7 355	Ifan Richard	Evans	Male Vet 40	Eryri Harriers	00:00	01:09 02:22:53
8 345	Sandra	Rowlands	Female Vet 40	Clwydian Range Runners	00:00	01:10 02:23:10
9 37	Andy	Robinson	Male Vet 40	Unattached	00:00	01:05 02:23:20
10 69	Edward	Powell	Male Open	Unattached	00:00	01:02 02:24:17
11 67	Anthony	Powell	Male Open	Rhayader RC	00:00	01:02 02:24:26
12 149	Brian	McCoubrey	Male Open	Unattached	00:00	01:14 02:26:40
13 354	Keith	Williams	Male Vet 40	Unattached	00:00	01:12 02:27:37
14 344	Robin	Carter	Female Vet 50	Axe Valley Runners	00:00	01:12 02:27:40
15 356	Mike	Blake	Male Vet 60	Rhedwyr Eryri	00:00	01:09 02:31:45
16 106	Simon	McAllister	Male Vet 40	City of Chester Triathlon Club	00:00	01:18 02:36:38
17 349	Steve	Eastwood	Male Vet 50	City of Chester Triathlon Club	00:00	01:18 02:36:46
18 343	Jillian	Holford	Female Vet 40	Tunbridge Wells Harriers	00:00	01:38 03:09:21
19 362	Stephen	Taylor	Male Open	Unattached	00:00	02:28 04:56:15
20 361	Bernard	Taylor	Male Vet 60	Unattached	00:00	02:28 04:57:17
21 359	Kathleen	Taylor	Female Open	Unattached	00:00	02:28 04:57:32
22 360	Matthew	Evans	Male Open	Unattached	00:00	02:28 04:57:46

Ras Mynyddoedd 1000 Metr Cymru 2012 Welsh 1000 Metre Race 2012

Mountaineers: Class F
Mynyddwyr: Dosbarth F

9 Mehefin 2012
9th June 2012

Amser Cychwyn: 10:41
Start Time: 10:41

Safle Rhif	Enw	Dosbarth	Clwb	Cosb	Ogwen	Pen y	Diwedd
Pos No.	Name	Category	Club	Penalty		Pass	Finish
1 197	Caroline	Wilson	Female Vet 50	Unattached	00:00	01:29	03:28:36
2 196	Claire	Liversage	Female Vet 40	Unattached	00:00	01:29	03:28:38
3 198	Robert	Glaze	Male Vet 40	Unattached	00:00	01:29	03:28:44
4 377	Alu	Roberts	Male Vet 40	Unattached	00:00	01:34	03:34:29
5 373	David	Jenns	Male Vet 60	Unattached	00:00	01:47	03:42:44
6 372	Lorraine	Croome	Female Vet 40	Unattached	00:00	02:00	03:51:47
7 375	Harold	Binmore	Male Vet 60	Unattached	00:00	02:04	04:34:49
8 385	Perry	Bellis	Male Vet 40	Unattached	00:00	02:08	04:45:38
9 379	Barry	Hughes	Male Vet 40	Unattached	00:00	02:05	04:45:40
10 378	Peter	Potter	Male Vet 50	Deeside Orienteering Club	00:00	02:07	04:45:49
11 374	Tony	Grandon	Male Vet 60	LDWA	00:00	02:21	04:51:48
12 381	Alexi	Williams	Female Open	Unattached	00:40*	02:24	05:01:45
13 383	Alexandra Helen	Pugh	Female Open	Unattached	00:40*	02:24	05:01:49
14 382	Jane	McGill	Female Open	Unattached	00:40*	02:21	05:02:41
15 386	Tanya	Richardson	Female Open	Unattached	00:00	02:41	05:33:35
16 371	Louise	Price	Female Vet 40	N/A	00:00	03:15	06:25:00
17 376	Sheena	Vowles	Female Open	Unattached	00:00	03:15	06:26:44

* Failed to punch at Ugain