

**Ras Copaon 1000m Cymru**



**Welsh 1000m Peaks Race**

**7 Mehefin 2014 / 7 June 2014**

**CANLYNIADAU/RESULTS**

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# Results

## Rhedwyr Mynydd: Dosbarth A / Fell Runners: Class A Amser Cychwyn / Start Time: 09:00

Safle	Rhif	Enw	Dosbarth	Clwb	Cosb	Pen y	Diwedd
Pos	No.	Name	Category	Club	Penalty	Ogwen Pass	Finish
1	130	Jonathan Albon	Male Open	SOK	00:00	02:10 03:28	04:21:59
2	75	Colin Donnelly	Male Vet 50	Lochaber AC	00:00	02:16 03:31	04:29:09
3	102	Chris Burn	Male Open	London Heathside AC	00:00	02:10 03:29	04:32:27
4	121	Peter Taylor	Male Vet 40	Tattenhall Runners	00:00	02:10 03:31	04:42:06
5	5	Mark Davies	Male Open	NWRRC	00:00	02:12 03:38	04:45:32
6	28	Ian Mills	Male Open	Unattached	00:00	02:14 03:43	04:49:00
7	42	Damian Hall	Male Open	Corsham RC	00:00	02:15 03:43	04:53:15
8	56	Andrea Rowlands	Female Vet 40	Eryri Harriers	00:00	02:20 03:46	04:55:00
9	40	David Symons	Male Vet 40	Thames Hare and Hounds	00:00	02:21 03:47	04:56:23
10	82	Graham Collins	Male Vet 40	Belper Harriers	00:00	02:20 03:46	04:57:26
11	54	Owen Rees	Male Open	Unattached	00:00	02:23 03:50	05:02:19
12	134	Williams Adrian	Male Vet 40	Eryri Harriers	00:00	02:20 03:52	05:10:20
13	117	Chris Atherton	Male Open	Ambleside AC	00:00	02:23 03:50	05:14:34
14	87	David Morris	Male Open	Unattached	00:00	02:26 04:03	05:14:59
15	85	Simon Ellis	Male Vet 40	City of Chester Triathlon Club	00:00	02:31 04:02	05:15:15
16	98	Robyn Kime	Female Open	Unattached	00:00	02:31 04:01	05:15:18
17	33	Peter Helme	Male Vet 40	BAOC	00:00	02:25 04:01	05:19:41
18	124	Simon Tracey	Male Open	Unattached	00:00	02:16 03:49	05:21:33
19	18	Anwen Darlington	Female Open	York Knavesmire Harriers	00:00	02:31 04:01	05:23:36
20	99	Michael Owen	Male Open	Unattached	00:00	02:32 04:06	05:28:25
21	104	Thomas Smith	Male Open	East Penguin Harriers	00:00	02:25 04:13	05:30:40
22	79	Paul Jones	Male Vet 40	Eryri	00:00	02:45 04:24	05:31:12
23	120	Clare Miller	Female Open	London Heathside Runners AC	00:00	02:31 04:07	05:33:19
24	105	Andrew Stimson	Male Open	MDOC	00:00	02:33 04:18	05:37:08
25	47	Tim Watson	Male Vet 50	Eryri Harriers	00:00	02:45 04:23	05:39:14

26	61	Chris Baynham-Hughes	Male Open	Helsby RC	00:00	02:35	04:15	05:41:31
27	93	Jonathan Williams	Male Open	Unattached	00:00	02:27	04:15	05:41:45
28	77	Saul Taylor	Male Vet 40	Belper Harriers	00:00	02:36	04:21	05:43:32
29	103	Louise Atkin	Female Open	London Heathside AC	00:00	02:37	04:24	05:44:42
30	23	Steven Donnelly	Male Vet 40	Unattached	00:00	02:31	04:16	05:45:08
31	108	Howard Gold	Male Vet 40	London Heathside	00:00	02:36	04:24	05:47:36
32	57	Connor Carson	Male Vet 40	Kenilworth Runners	00:00	02:53	04:31	05:48:06
33	118	Lizzie Wraith	Female Open	Team bath ac	00:00	02:31	04:19	05:52:27
34	27	Barry Daniels	Male Vet 40	Unattached	00:00	02:31	04:29	05:53:20
35	68	Stuart Reeves	Male Open	Unattached	00:00	02:45	04:29	05:54:41
36	96	James Wilson	Male Open	Unattached	00:00	02:45	04:31	06:01:20
37	127	Mark Walker	Male Open	Unattached	00:30	02:23	04:05	06:01:31
38	51	Jim O'Hara	Male Open	Helsby Running Club	00:00	02:39	04:36	06:02:41
39	3	Chris Smith	Male Vet 40	Gorphwysfa	00:00	02:40	04:33	06:03:48
40	65	Matt Harrison	Male Vet 40	Mercia Fell Runners	00:00	02:44	04:41	06:03:55
41	6	Andy Robinson	Male Vet 50	Mercia Fell Runners	00:00	02:44	04:41	06:04:04
42	67	Toby Forrester	Male Vet 40	Mercia Fell Runners	00:00	02:50	04:37	06:09:48
43	71	Clive Edwards	Male Vet 60	WFRA	00:00	02:57	04:47	06:18:21
44	91	David Marham	Male Vet 50	Leighton Buzzard AC	00:00	02:51	04:45	06:19:23
45	92	Steven Marham	Male Vet 40	Leighton Buzzard AC	00:00	02:51	04:45	06:20:04
46	94	Simon Alderdice	Male Vet 40	DMVAC	00:00	02:45	04:42	06:20:43
47	44	Steve Briggs	Male Vet 50	Unattached	00:00	02:59	04:49	06:21:08
48	122	Edward Dixon	Male Open	Gorphwysfa	00:00	03:00	04:47	06:22:19
49	52	Gregory Crowley	Male Vet 40	Dark Peak Fell Runners	00:00	03:00	04:57	06:23:26
50	110	David Bevan	Male Vet 40	Saddleworth Runners	00:00	02:51	04:46	06:23:42
51	24	Christopher Dean	Male Open	Warley Wood Pacers	00:00	02:59	04:53	06:23:50
52	13	Richard Hurrell	Male Vet 50	Unattached	00:00	02:56	04:53	06:26:28
53	66	Oliver Webb	Male Open	Unattached	00:00	02:54	04:53	06:28:30
54	4	Andy McPherson	Male Open	BRABOND A.C.	00:00	02:56	04:53	06:29:49
55	32	Andrew Ashlee	Male Vet 40	Sevenoaks AC	00:00	02:57	05:02	06:35:00
56	59	Juliet Edwards	Female Vet 50	Meirionnydd Running Club	00:00	03:01	05:00	06:35:10
57	69	Anderson Hirst	Male Vet 40	Unattached	00:00	03:02	05:01	06:36:03

58	114	Chris Field	Male Vet 40	Unattached	00:00	02:52	04:52	06:40:05
59	123	Oliver Field	Male Open	Unattached	00:00	02:52	04:53	06:40:11
60	48	Gabe Morris	Male Open	Shrewsbury AC	00:00	02:57	05:02	06:41:06
61	53	Guy Thomas	Male Vet 50	Eryri Harriers	00:00	02:57	04:59	06:41:23
62	37	Simon Hackett	Male Open	South Derbyshire Road Runners	00:00	03:02	05:09	06:43:29
63	83	Andy Dunn	Male Open	Marlborough RC	00:00	02:52	04:59	06:44:13
64	131	Stel Farrar	Female Vet 50	Eryri Harriers	00:00	03:12	05:08	06:46:13
65	81	Edwin Sherstone	Male Vet 40	Southport Waterloo AC	00:00	02:56	05:07	06:47:53
66	132	Ashley Wager	Male Vet 50	Eryri Harriers	00:00	03:13	05:14	06:48:10
67	14	Brian Robbins	Male Vet 70	Eryri Harriers	00:00	03:13	05:14	06:48:38
68	106	Matthew Forde	Male Open	Unattached	00:00	03:18	05:17	06:52:52
69	10	Stephen Brown	Male Vet 50	Cambridge Harriers	00:00	03:03	05:11	06:54:34
70	78	Steve Bush	Male Vet 50	DMVAC	00:00	03:28	05:25	06:54:58
71	111	Edward Hughes	Male Vet 50	Unattached	00:00	02:46	04:54	06:55:55
72	129	Emma Green	Female Vet 40	Eryri Harriers	00:00	03:15	05:16	06:57:12
73	21	Helen Skelton	Female Open	Unattached	00:00	02:53	04:55	06:57:39
74	97	Dean Smith	Male Vet 40	Rolls Royce Harriers	00:00	03:13	05:19	06:57:46
75	128	Peter Lester-Owen	Male Vet 50	Mysteruns of Abergele	00:00	03:15	05:22	07:02:00
76	73	Darren Burns	Male Vet 50	Fell Ponies	00:00	03:22	05:29	07:08:49
77	88	Paul Baxendale	Male Vet 40	Unattached	00:00	03:09	05:28	07:11:44
78	101	Dave Royse	Male Open	Gorphwysfa	00:00	03:20	05:29	07:12:49
79	41	Mike Symons	Male Vet 40	Unattached	00:00	03:28	05:30	07:13:21
80	109	Mark Checkley	Male Vet 50	Lostock AC	00:00	03:15	05:27	07:13:45
81	7	Stephen Greenhalgh	Male Vet 40	Unattached	00:00	03:17	05:36	07:19:58
82	36	Marc Recoquille	Male Vet 40	Unattached	00:00	03:14	05:31	07:22:10
83	74	Malcolm Cochrane	Male Vet 50	Unattached	00:00	03:20	05:33	07:22:39
84	80	Steve Morris	Male Vet 40	David Lloyd Redway Runners	00:00	03:09	05:29	07:23:24
85	29	Neil Wilkes	Male Open	Dudley Kingswinford	00:00	03:19	05:39	07:24:07
86	1	Julian Hart	Male Vet 40	Mercia Fell Runners	00:00	03:19	05:39	07:24:14
87	119	Steve Atherton	Male Vet 50	Ambelside AC	00:00	03:22	05:40	07:26:59
88	45	Capt Amy Pennington	Female Open	170 Engr Gp	00:00	03:29	05:48	07:28:35
89	84	Lloyd Rees	Male Open	Unattached	00:00	03:09	05:36	07:32:30

90	39	Stephen Whitlock	Male Vet 40	ACDS (Log Ops)	00:00	03:21	05:45	07:33:10
91	125	Mark Agnew	Male Vet 40	Mercia Fell Runners	00:00	03:18	05:39	07:33:50
92	62	Owen Williams	Male Open	Unattached	00:00	03:27	05:50	07:36:05
93	63	Matthew Maynard	Male Open	Team bath ac	00:00	03:27	05:45	07:36:17
94	64	Christopher Wesley	Male Open	Unattached	00:00	03:26	05:47	07:38:45
95	46	Ssgt Steve Coates	Male Open	170 Engr Gp	00:00	03:21	05:48	07:39:12
96	60	Austin Bowers	Male Open	Unattached	00:00	03:26	05:48	07:41:03
97	15	John Pelton	Male Vet 50	Unattached	00:00	03:22	05:45	07:41:20
98	22	Dafydd Owen	Male Vet 60	Prestatyn RC	00:00	03:24	05:41	07:43:18
99	107	Mike Hobday	Male Vet 50	Abergele Mysteruns	00:00	03:29	05:47	07:47:42
100	133	David Jones	Male Vet 50	Mysteruns of Abergele	00:00	03:29	05:50	07:47:50
101	112	John Humphries	Male Vet 50	Mysteruns of Abergele	00:00	03:28	05:48	07:48:07
=	34	Capt Roy Mitton	Male Vet 40	170 Engr Gp		03:43	06:33	Rtd
=	113	Philippe Wery	Male Vet 40	Southville RC		04:21	07:14	Rtd
=	49	Jonathan Johnson	Male Vet 40	Unattached		03:18		Rtd
=	2	Dave Kirkby	Male Vet 40	Eryri Harriers		03:39		Rtd
=	89	Simon Jones	Male Open	Unattached		03:40		Rtd
=	12	Caroline Monk	Female Open	Warley Woods Pacers		04:12		Rtd
=	11	Robert Simmonds	Male Vet 50	Warley Woods Pacers		04:12		Rtd

**Mynyddwyr: Dosbarth C / Mountaineers: Class C Amser Cychwyn / Start Time: 08:31**

<b>SafleRhif</b>	<b>Enw</b>	<b>Dosbarth</b>	<b>Clwb</b>	<b>Cosb</b>	<b>Pen y</b>	<b>Diwedd</b>
<b>Pos No.</b>	<b>Name</b>	<b>Category</b>	<b>Club</b>	<b>PenaltyOgwen</b>	<b>Pass</b>	<b>Finish</b>
1	202 Paul Hodges	Male Vet 40	Eryri Harriers	00:00	02:47 04:15	05:40:39
2	222 Bob Hind	Male Vet 60	BLINDVETERANSUK	00:00	02:52 04:34	06:04:09
3	214 Paul Boakes	Male Vet 40	Unattached	00:00	02:54 04:58	06:28:41
4	209 Roy Silver	Male Vet 50	Les Croupiers	00:00	03:24 05:00	06:32:02
5	203 Bob Blackwell	Male Vet 50	Rhos on sea cycling club	00:00	03:50 05:36	07:15:50
6	208 John Byrne	Male Vet 50	Unattached	00:00	03:34 05:27	07:29:21
7	224 Anna MacPherson	Female Open	Unattached	00:00	03:54 06:03	08:04:48
8	223 Campbell Close	Male Open	Unattached	00:00	03:54 06:03	08:04:53
9	211 Steve Palmer	Male Open	Unattached	00:00	04:00 06:37	08:21:27
10	210 Matt Ford	Male Open	Unattached	00:00	04:00 06:38	08:22:03
11	226 Anthony Jones	Male Open	Unattached	00:00	04:07 06:31	08:25:12
12	225 Nathan Jones	Male Open	Unattached	00:00	04:07 06:31	08:25:18
13	212 Capt Richard Taerle	Male Open	170 Engr Gp	00:00	04:03 06:29	08:28:54
14	215 Steve Hughes	Male Open	Unattached	00:00	04:41 07:00	09:13:35
15	213 Andrew Bonnett	Male Open	Unattached	00:00	04:41 06:58	09:13:45
16	206 Roz Tucker	Female Open	Cambridge Harriers	00:00	04:42 07:00	09:13:54
=	219 Rob Barber	Male Vet 40	WFRA		04:05 06:23	Rtd
=	220 Mark Wusthoff	Male Vet 40	N/A		04:22	Rtd
=	227 Howard Dymond	Male Open	Unattached		04:44	Rtd
=	207 Ben Welch	Male Open	Unattached		04:44	Rtd

**Tim: Dosbarth D / Team: Class D Amser Cychwyn / Start Time: 08:31**

<b>SafleRhif</b>	<b>Enw</b>	<b>Dosbarth</b>	<b>Clwb</b>	<b>Cosb</b>	<b>Pen y</b>	<b>Diwedd</b>
<b>Pos No.</b>	<b>Name</b>	<b>Category</b>	<b>Club</b>	<b>Penalty</b>	<b>Ogwen Pass</b>	<b>Finish</b>
1	172 Cfn Taylor	Male Junior	101 Bn REME A	00:00	03:32 05:27	06:36:01
2	173 Lcpl Darmont	Male Open	101 Bn REME A	00:00	03:32 05:27	06:48:02
3	196 Wo2 Clarke	Male Open	Pioneer Regt A	00:00	03:27 05:29	07:08:34
4	198 Capt Evans-Fry	Male Open	23 Pioneer Regt C	00:00	03:37 05:43	07:16:14
5	170 Ssgt Tinker	Male Open	101 Bn REME A	00:00	03:32 05:29	07:17:24
6	195 Wo1 Lane	Male Vet 40	Pioneer Regt A	00:00	03:27 05:29	07:17:51
7	197 Ssgt Bennett	Male Open	Pioneer Regt A	00:00	03:27 05:29	07:17:59
8	171 Cfn Levick	Male Open	101 Bn REME A	00:00	03:33 05:30	07:29:45
9	201 Pte Keeling	Male Open	23 Pioneer Regt C	00:00	03:37 05:43	07:37:38
10	199 Lcpl Hickson	Male Open	23 Pioneer Regt C	00:00	03:37 05:43	07:49:07
11	200 Lcpl Birkin	Male Open	23 Pioneer Regt C	00:00	03:37 05:44	07:49:18
12	189 Lcpl Chantrell	Male Open	23 Pioneer Regt B	00:00	03:41 06:06	07:57:15
13	186 Capt Smale	Male Open	23 Pioneer Regt B	00:00	03:41 06:06	07:57:21
14	187 Ssgt Neal	Male Open	23 Pioneer Regt B	00:00	03:41 06:07	08:07:08
15	188 Cpl Thomas	Male Open	23 Pioneer Regt B	00:00	03:42 06:07	08:08:55
16	143 Sgt Richardson	Male Open	ITC	00:00	03:52 06:10	08:09:51
17	139 Capt Tommy Elias	Male Open	POW Division 1 ITB	00:00	04:23 06:38	08:15:10
18	150 Lt Chappell	Male Open	106 Reg RA 457 (A)	00:00	04:27 06:40	08:16:07
19	144 Sgt Brown	Male Open	ITC	00:30	03:52 06:09	08:16:10
20	145 Sgt Sedgely	Male Open	ITC	00:30	03:52 06:09	08:16:38
21	151 Lbdr McNeill	Male Open	106 Reg RA 457 (A)	00:00	04:27 06:40	08:17:25
22	175 Cfn Pritchard	Male Open	101Bn REME B	00:00	04:05 06:38	08:22:58
23	176 Cfn Leah	Male Open	101Bn REME B	00:00	04:05 06:38	08:23:44
24	179 Lcpl Rai	Male Open	2 Field Company	00:30	04:05 06:38	08:31:58
25	147 Ssgt Tinson	Male Open	106 Regt RA	00:00	04:12 06:38	08:36:50
26	180 Lcpl Price	Male Open	2 Field Company	00:30	04:04 06:37	08:39:43
27	174 Lcpl Lucas	Male Open	101Bn REME B	00:00	04:05 06:38	08:39:50
28	153 Lbdr Carrington	Male Open	106 Reg RA 457 (A)	00:00	04:28 06:43	08:41:04
29	142 Capt Gareth Smyth	Male Open	POW Division 1 ITB	00:00	04:23 06:39	08:44:28



30	177	Cfn Smith	Male Open	101Bn REME B	00:00	04:05	06:38	08:45:49
31	140	Lt Bryn Reeves	Male Open	POW Division 1 ITB	00:00	04:23	06:38	08:45:55
=	146	Wo2 Weber	Male Vet 50	106 Regt RA		04:06	06:38	Rtd
=	152	Sgt Japes	Male Open	106 Reg RA 457 (A)		04:28	06:43	Rtd
=	165	Ed Sutton	Male Vet 40	Parkes and Co		04:11	07:00	Rtd
=	162	Nick Parkes	Male Vet 40	Parkes and Co		04:11	07:00	Rtd
=	164	Ben Summers	Male Open	Parkes and Co		04:12	07:02	Rtd
=	163	Chris Harrison	Male Vet 50	Parkes and Co		04:12	07:02	Rtd
=	138	Lcpl T Townsend	Male Open	521 STRE (WD)		04:49	07:21	Rtd
=	135	Capt John Jervis	Male Open	521 STRE (WD)		04:49	07:21	Rtd
=	136	Sgt M Milburn	Male Open	521 STRE (WD)		04:49	07:21	Rtd
=	166	Ssgt Shackleton	Male Open	71 (City of London) Yeomanry Signal		04:52	07:29	Rtd
=	169	Lcpl McRoberts	Male Open	71 (City of London) Yeomanry Signal		04:52	07:29	Rtd
=	168	Cpl Sutton	Male Open	71 (City of London) Yeomanry Signal		04:52	07:30	Rtd
=	167	Sgt Nugent	Male Open	71 (City of London) Yeomanry Signal		04:52	07:30	Rtd
=	192	Pte Spieby	Male Open	23 Pioneer Regt Mixed		04:53	07:41	Rtd
=	190	Lt Col Clouston	Male Vet 40	23 Pioneer Regt Mixed		04:58	07:42	Rtd
=	183	Ssgt Pearn	Male Open	23 Pioneer Regt D		05:01	07:42	Rtd
=	182	Ssgt Mason	Male Open	23 Pioneer Regt D		04:53	07:46	Rtd
=	194	Capt Andrews	Male Vet 40	Pioneer Regt A		03:27		Rtd
=	178	Lcpl Hurley	Male Open	2 Field Company		04:05		Rtd
=	181	Cfn Griffiths	Male Open	2 Field Company		04:11		Rtd
=	141	Maj Richard Hoy	Male Open	POW Division 1 ITB		04:25		Rtd
=	156	Gnr Payne	Male Open	106 Reg RA 457 (B)		04:33		Rtd
=	184	Sgt Pollitt	Male Open	23 Pioneer Regt D		04:54		Rtd
=	149	Gnr Byers	Male Open	106 Regt RA		04:56		Rtd
=	155	Gnr Pimblott	Male Open	106 Reg RA 457 (B)		04:56		Rtd
=	185	Sgt Delaney	Male Open	23 Pioneer Regt D		05:02		Rtd
=	191	Sgt Gavillet	Female Open	23 Pioneer Regt Mixed		05:04		Rtd
=	193	Pte Blake	Female Open	23 Pioneer Regt Mixed		05:04		Rtd

### Rhedwyr Mynydd: Dosbarth E / Fell Runners: Class E Amser Cychwyn / Start Time: 10:37

Safle	Rhif	Enw	Dosbarth	Clwb	Cosb	Pen y	Diwedd
Pos	No.	Name	Category	Club	Penalty	Pass	Finish
1	250	Hugh O'Donnell	Male Open	Eryri Harriers	00:00	00:54	01:54:22
2	252	Adam Haynes	Male Vet 50	Eryri Harriers	00:00	01:00	02:00:49
3	240	Gary Porter-Jones	Male Vet 40	Eryri Harriers	00:00	01:00	02:01:26
4	245	Will Stone	Male Open	Unattached	00:00	01:04	02:11:27
5	293	Chris Wilcox	Male Vet 50	Clwydian Range Runners	00:00	01:07	02:14:40
6	251	Oli Daffarn	Male Open	Unattached	00:00	01:14	02:17:55
7	235	Ross Roberts	Male Open	Eryri Harriers	00:00	01:06	02:18:36
8	254	Louise Beetlestone	Female Open	Eryri Harriers	00:00	01:08	02:19:41
9	238	Ciaran Mullan	Male Junior	Unattached	00:00	01:14	02:25:09
10	246	Stephen Cannons	Male Vet 50	Unattached	00:00	01:14	02:27:11
11	233	Megan Lynne Hughes	Female Open	Eryri Harriers	00:00	01:15	02:38:09
12	229	Terry Coleman	Male Vet 50	Unattached	00:00	01:19	02:40:53
13	248	Mike Blake	Male Vet 60	Eryri Harriers	00:00	01:17	02:43:48
14	232	Katherine Torr	Female Open	Team Deviant	00:00	01:23	02:44:38
15	236	Jack Norton	Male Open	Gorphwysfa	00:00	01:19	02:46:21
16	237	Gerard Tennant	Male Open	Unattached	00:00	01:27	02:49:05
17	234	Maggie Oliver	Female Vet 60	Eryri Harriers	00:00	01:40	03:12:54
18	253	Edward Wakeford	Male Open	Unattached	00:00	01:43	03:14:46
19	239	Jamie Soul	Male Open	Unattached	00:00	01:54	03:27:39
20	292	Marco Smolla	Male Open	UMHC	00:00	01:52	03:46:12
21	231	Les Thurston	Male Vet 60	Bishops Stortford RC	00:00	02:08	03:47:31
22	255	David Hall	Male Vet 70	Gorphwysfa	00:00	02:10	03:56:26
23	256	Hazel Robbins	Female Vet 50	Eryri Harriers	00:00	02:29	04:32:01
=	230	Paul Waldron	Male Vet 40	Tavistock AC		01:30	Rtd

### Rhedwyr Mynydd: Dosbarth E / Fell Runners: Class E Amser Cychwyn / Start Time: 10:37

SafleRhif	Enw	Dosbarth	Clwb	Cosb	Pen y	Diwedd
Pos No.	Name	Category	Club	Penalty	Pass	Finish
1	250 Hugh O'Donnell	Male Open	Eryri Harriers	00:00	00:54	01:54:22
2	252 Adam Haynes	Male Vet 50	Eryri Harriers	00:00	01:00	02:00:49
3	240 Gary Porter-Jones	Male Vet 40	Eryri Harriers	00:00	01:00	02:01:26
4	245 Will Stone	Male Open	Unattached	00:00	01:04	02:11:27
5	293 Chris Wilcox	Male Vet 50	Clwydian Range Runners	00:00	01:07	02:14:40
6	251 Oli Daffarn	Male Open	Unattached	00:00	01:14	02:17:55
7	235 Ross Roberts	Male Open	Eryri Harriers	00:00	01:06	02:18:36
8	254 Louise Beetlestone	Female Open	Eryri Harriers	00:00	01:08	02:19:41
9	238 Ciaran Mullan	Male Junior	Unattached	00:00	01:14	02:25:09
10	246 Stephen Cannons	Male Vet 50	Unattached	00:00	01:14	02:27:11
11	233 Megan Lynne Hughes	Female Open	Eryri Harriers	00:00	01:15	02:38:09
12	229 Terry Coleman	Male Vet 50	Unattached	00:00	01:19	02:40:53
13	248 Mike Blake	Male Vet 60	Eryri Harriers	00:00	01:17	02:43:48
14	232 Katherine Torr	Female Open	Team Deviant	00:00	01:23	02:44:38
15	236 Jack Norton	Male Open	Gorphwysfa	00:00	01:19	02:46:21
16	237 Gerard Tennant	Male Open	Unattached	00:00	01:27	02:49:05
17	234 Maggie Oliver	Female Vet 60	Eryri Harriers	00:00	01:40	03:12:54
18	253 Edward Wakeford	Male Open	Unattached	00:00	01:43	03:14:46
19	239 Jamie Soul	Male Open	Unattached	00:00	01:54	03:27:39
20	292 Marco Smolla	Male Open	UMHC	00:00	01:52	03:46:12
21	231 Les Thurston	Male Vet 60	Bishops Stortford RC	00:00	02:08	03:47:31
22	255 David Hall	Male Vet 70	Gorphwysfa	00:00	02:10	03:56:26
23	256 Hazel Robbins	Female Vet 50	Eryri Harriers	00:00	02:29	04:32:01
=	230 Paul Waldron	Male Vet 40	Tavistock AC		01:30	Rtd

# Splits

## Rhedwyr Mynydd: Dosbarth A / Fell Runners: Class A Amser Cychwyn / Start Time: 09:00

Safle	Rhif	Enw	Dosbarth	Clwb	Cosb	Diwedd
Pos	No.	Name	Category	Club	Penalty Alpha Lima Delta Bravo Foxtrot PapaUniform	Finish
1	130	Jonathan Albon	Male Open	SOK	00:0001:06:0900:25:1800:18:3600:20:3300:55:5900:22:1900:45:3600:07:29	
2	75	Colin Donnelly	Male Vet 50	Lochaber AC	00:0001:02:0500:31:1400:19:2900:23:1500:53:2300:21:4700:49:2800:08:28	
3	102	Chris Burn	Male Open	London Heathside AC	00:0001:06:0200:25:2300:18:4800:20:2500:55:5500:22:3500:54:2200:08:57	
4	121	Peter Taylor	Male Vet 40	Tattenhall Runners	00:0001:06:3200:25:0200:18:2400:20:3700:56:2800:24:1101:00:2600:10:26	
5	5	Mark Davies	Male Open	NWRRC	00:0001:08:5500:25:2200:18:3800:19:4100:59:4800:26:1600:58:1800:08:34	
6	28	Ian Mills	Male Open	Unattached	00:0001:02:0800:31:1300:18:3000:22:4801:02:5400:26:1600:56:1200:08:59	
7	42	Damian Hall	Male Open	Corsham RC	00:0001:08:5800:25:2300:19:0300:22:0501:02:0200:26:0701:00:4600:08:51	
8	56	Andrea Rowlands	Female Vet 40	Eryri Harriers	00:0001:09:1400:28:2700:20:3400:22:2401:03:3800:22:3000:59:0200:09:11	
9	40	David Symons	Male Vet 40	Thames Hare and Hounds	00:0001:09:2300:28:3700:20:4400:22:2001:03:1000:22:5100:59:4700:09:31	
10	82	Graham Collins	Male Vet 40	Belper Harriers	00:0001:10:2400:28:3300:20:0900:21:0801:03:5800:22:0101:01:1200:10:01	
11	54	Owen Rees	Male Open	Unattached	00:0001:10:4800:28:3900:20:2800:23:1901:03:3700:23:2901:02:4100:09:18	
12	134	Williams Adrian	Male Vet 40	Eryri Harriers	00:0001:09:3900:28:0500:20:5600:21:4501:06:1800:26:1601:06:3900:10:42	
13	117	Chris Atherton	Male Open	Ambleside AC	00:0001:10:3400:28:1800:21:4100:22:4701:03:2700:23:4401:13:5700:10:06	
14	87	David Morris	Male Open	Unattached	00:0001:10:2900:28:1500:21:3900:26:3301:05:5400:30:1001:03:2200:08:37	
15	85	Simon Ellis	Male Vet 40	City of Chester Triathlon Club	00:0001:13:0500:28:1600:22:3900:27:3501:04:3700:25:5001:04:2500:08:48	
16	98	Robyn Kime	Female Open	Unattached	00:0001:16:2200:28:0100:22:4700:24:4701:04:1300:25:4801:03:2200:09:58	
17	33	Peter Helme	Male Vet 40	BAOC	00:0001:10:2100:28:1400:21:1100:26:1001:06:1100:29:1901:08:2900:09:46	
18	124	Simon Tracey	Male Open	Unattached	00:0001:06:0700:25:2300:20:0300:24:4101:04:3000:28:4301:21:4900:10:17	
19	18	Anwen Darlington	Female Open	York Knavesmire Harriers	00:0001:17:1000:28:3800:21:5400:23:4401:04:4000:25:4801:11:3100:10:11	
20	99	Michael Owen	Male Open	Unattached	00:0001:16:2400:28:0100:22:4200:24:5801:04:1800:30:2901:10:0400:11:29	
21	104	Thomas Smith	Male Open	East Penguin Harriers	00:0001:10:5800:28:1900:21:0300:25:3301:15:3300:32:2601:07:0900:09:39	
22	79	Paul Jones	Male Vet 40	Eryri	00:0001:09:0700:29:5300:22:1300:44:0601:10:3200:28:1900:57:4200:09:20	
23	120	Clare Miller	Female Open	London Heathside Runners AC	00:0001:10:4000:28:5000:24:2800:27:5001:04:2700:31:1901:14:5400:10:51	
24	105	Andrew Stimson	Male Open	MDOC	00:0001:10:2700:30:0900:23:1700:29:5901:10:0500:34:1101:07:5600:11:04	
25	47	Tim Watson	Male Vet 50	Eryri Harriers	00:0001:09:0400:30:0700:22:5900:43:0501:10:4300:28:0001:05:3100:09:45	
26	61	Chris Baynham-Hughes	Male Open	Helsby RC	00:0001:10:2500:29:4100:21:4200:34:0201:08:0300:31:2301:14:5200:11:23	
27	93	Jonathan Williams	Male Open	Unattached	00:0001:10:3100:28:3100:21:2600:26:5101:17:2700:30:3501:14:5000:11:34	
28	77	Saul Taylor	Male Vet 40	Belper Harriers	00:0001:15:1300:30:4100:22:1500:28:4201:12:3100:32:0201:12:1400:09:54	
29	103	Louise Atkin	Female Open	London Heathside AC	00:0001:16:3400:29:2800:23:1800:28:3001:15:2300:30:5401:10:4500:09:50	
30	23	Steven Donnelly	Male Vet 40	Unattached	00:0001:13:2400:31:2700:22:3300:24:1501:15:4100:29:0601:17:1700:11:25	
31	108	Howard Gold	Male Vet 40	London Heathside	00:0001:09:2600:29:1400:22:4800:34:3301:17:1400:31:1001:11:5800:11:13	
32	57	Connor Carson	Male Vet 40	Kenilworth Runners	00:0001:17:3100:28:4600:21:5600:45:0501:12:2600:25:4101:05:0200:11:39	

33	118	Lizzie Wraith	Female Open	Team bath ac	00:0001:11:1900:29:5500:23:2100:26:5501:18:4900:29:3801:20:2800:12:02
34	27	Barry Daniels	Male Vet 40	Unattached	00:0001:10:1800:30:3600:22:5200:27:4601:17:4600:40:2401:13:0500:10:33
35	68	Stuart Reeves	Male Open	Unattached	00:0001:18:3600:30:5400:25:4900:30:2001:13:2400:30:4401:14:0900:10:45
36	96	James Wilson	Male Open	Unattached	00:0001:19:2300:30:1200:25:3000:30:2401:13:4600:32:3801:17:2600:12:01
37	127	Mark Walker	Male Open	Unattached	00:3001:06:2300:28:1900:21:5700:26:26 01:15:3500:10:37
38	51	Jim O'Hara	Male Open	Helsby Running Club	00:0001:11:2300:30:1100:25:0300:32:5201:19:5100:37:3901:15:0500:10:37
39	3	Chris Smith	Male Vet 40	Gorphwysfa	00:0001:15:1700:29:2900:24:5300:30:3301:18:4600:34:1801:18:4000:11:52
40	65	Matt Harrison	Male Vet 40	Mercia Fell Runners	00:0001:13:0000:33:5300:23:0000:34:3501:21:2700:35:5201:11:4000:10:28
41	6	Andy Robinson	Male Vet 50	Mercia Fell Runners	00:0001:13:0800:33:4900:23:1300:34:4101:21:1800:35:4301:11:3900:10:33
42	67	Toby Forrester	Male Vet 40	Mercia Fell Runners	00:0001:21:0700:30:4700:25:2000:32:5001:17:4500:29:2401:20:1900:12:16
43	71	Clive Edwards	Male Vet 60	WFRA	00:0001:23:1800:33:0500:28:4100:32:1801:21:2500:29:0101:18:0500:12:28
44	91	David Marham	Male Vet 50	Leighton Buzzard AC	00:0001:19:3200:32:4600:26:3500:32:2201:22:4400:31:2801:21:4100:12:15
45	92	Steven Marham	Male Vet 40	Leighton Buzzard AC	00:0001:19:3400:32:4900:26:3400:32:2201:22:5200:31:2701:22:1100:12:15
46	94	Simon Alderdice	Male Vet 40	DMVAC	00:0001:15:3900:29:5600:23:5300:36:1901:21:5700:34:3201:23:5800:14:29
47	44	Steve Briggs	Male Vet 50	Unattached	00:0001:26:3600:33:4300:26:5200:32:2001:22:0100:27:4501:19:3700:12:14
48	122	Edward Dixon	Male Open	Gorphwysfa	00:0001:20:0900:31:1100:28:0300:41:1501:18:1300:29:0501:22:3400:11:49
49	52	Gregory Crowley	Male Vet 40	Dark Peak Fell Runners	00:0001:19:5200:31:2400:27:5800:41:2901:21:0500:35:1501:15:0900:11:14
50	110	David Bevan	Male Vet 40	Saddleworth Runners	00:0001:19:3900:32:4600:26:3700:32:3401:22:4200:32:2601:24:5000:12:08
51	24	Christopher Dean	Male Open	Warley Wood Pacers	00:0001:25:2300:34:2500:26:2400:33:1301:20:5000:33:2001:17:4400:12:31
52	13	Richard Hurrell	Male Vet 50	Unattached	00:0001:22:2800:35:3500:26:4700:31:5701:19:1100:37:5001:19:5200:12:48
53	66	Oliver Webb	Male Open	Unattached	00:0001:20:5600:31:1300:26:4900:35:0801:24:2900:34:5501:22:5900:12:01
54	4	Andy McPherson	Male Open	BRABOND A.C.	00:0001:26:0100:33:0500:27:0800:30:4501:23:3300:32:3401:22:3600:13:07
55	32	Andrew Ashlee	Male Vet 40	Sevenoaks AC	00:0001:20:3400:34:3800:30:5600:31:1701:25:4800:39:2401:18:1200:14:11
56	59	Juliet Edwards	Female Vet 50	Meirionnydd Running Club	00:0001:24:2000:34:4300:28:1600:34:0101:24:3000:34:4901:22:4000:11:51
57	69	Anderson Hirst	Male Vet 40	Unattached	00:0001:22:5800:33:2000:30:1800:36:0101:23:1800:35:2301:22:2000:12:25
58	114	Chris Field	Male Vet 40	Unattached	00:0001:16:3600:29:5300:25:3000:40:4601:24:1500:35:5501:32:0800:15:02
59	123	Oliver Field	Male Open	Unattached	00:0001:16:3900:30:0000:25:3200:40:1401:24:3900:36:2201:31:4600:14:59
60	48	Gabe Morris	Male Open	Shrewsbury AC	00:0001:20:4100:34:2800:31:0100:31:2101:26:2200:38:5101:26:0700:12:15
61	53	Guy Thomas	Male Vet 50	Eryri Harriers	00:0001:18:2800:31:5400:29:0700:37:3301:22:2500:40:2701:26:0500:15:24
62	37	Simon Hackett	Male Open	South Derbyshire Road Runners	00:0001:19:4200:32:2200:28:5600:41:1601:26:5600:40:3901:21:5300:11:45
63	83	Andy Dunn	Male Open	Marlborough RC	00:0001:13:5100:32:3600:24:2900:41:2401:19:0800:48:1501:28:2400:16:06
64	131	Stel Farrar	Female Vet 50	Eryri Harriers	00:0001:24:1700:35:1700:33:4300:39:0901:18:0800:37:4601:23:4300:14:10
65	81	Edwin Sherstone	Male Vet 40	Southport Waterloo AC	00:0001:19:4900:32:4100:27:1600:36:5001:34:0300:37:1701:24:3300:15:24
66	132	Ashley Wager	Male Vet 50	Eryri Harriers	00:0001:26:3300:35:4100:30:4200:40:0701:25:1000:35:5201:21:2100:12:44
67	14	Brian Robbins	Male Vet 70	Eryri Harriers	00:0001:26:1300:35:5800:31:0300:39:4601:25:0700:35:5401:21:2200:13:15
68	106	Matthew Forde	Male Open	Unattached	00:0001:19:3700:31:0100:28:3000:59:0401:24:0400:34:5101:22:5700:12:48
69	10	Stephen Brown	Male Vet 50	Cambridge Harriers	00:0001:15:5700:30:1800:26:1500:51:1701:25:0900:42:1501:27:1700:16:06
70	78	Steve Bush	Male Vet 50	DMVAC	00:0001:15:4500:29:4100:25:1301:17:4501:15:5900:41:1201:18:2700:10:56
71	111	Edward Hughes	Male Vet 50	Unattached	00:0001:16:4400:30:2500:25:4500:33:1401:30:3500:38:1301:49:3100:11:28

72	129	Emma Green	Female Vet 40	Eryri Harriers	00:0001:30:1900:36:1600:32:5600:36:1501:26:3300:33:4901:27:1300:13:51	
73	21	Helen Skelton	Female Open	Unattached	00:0001:18:2100:31:3800:29:1900:34:0301:22:0700:39:3401:44:3100:18:06	
74	97	Dean Smith	Male Vet 40	Rolls Royce Harriers	00:0001:31:0600:32:2200:30:1800:39:2101:31:2400:34:5201:25:1000:13:13	
75	128	Peter Lester-Owen	Male Vet 50	Mysteruns of Abergele	00:0001:28:2500:36:3600:30:5200:39:5901:28:5900:37:5201:26:3700:12:40	
76	73	Darren Burns	Male Vet 50	Fell Ponies	00:0001:30:1100:37:1300:32:1300:42:2501:30:3100:36:5101:26:1200:13:13	
77	88	Paul Baxendale	Male Vet 40	Unattached	00:0001:28:2100:36:0400:30:1200:34:5301:28:2000:50:4501:28:1300:14:56	
78	101	Dave Royse	Male Open	Gorphwysfa	00:0001:21:5200:33:0400:27:1000:58:2101:27:0900:41:5401:30:2300:12:56	
79	41	Mike Symons	Male Vet 40	Unattached	00:0001:20:5200:31:1900:26:5901:09:2701:27:1400:34:2201:29:4400:13:24	
80	109	Mark Checkley	Male Vet 50	Lostock AC	00:0001:26:4100:34:4500:33:0200:40:3401:32:0200:40:1801:32:4100:13:42	
81	7	Stephen Greenhalgh	Male Vet 40	Unattached	00:0001:27:1100:35:4800:34:1200:40:1901:36:1600:42:4401:30:2300:13:05	
82	36	Marc Recoquille	Male Vet 40	Unattached	00:0001:26:4800:34:2900:31:0800:42:3301:25:4400:50:5501:35:3000:15:03	
83	74	Malcolm Cochrane	Male Vet 50	Unattached	00:0001:27:0200:34:4500:33:2700:44:5701:28:0700:45:0301:35:1600:14:02	
84	80	Steve Morris	Male Vet 40	David Lloyd Redway Runners	00:0001:27:5300:37:1900:29:3100:34:3101:35:4800:44:3501:41:0800:12:39	
85	29	Neil Wilkes	Male Open	Dudley Kingswinford	00:0001:26:5900:34:3000:32:0700:45:2701:33:4400:46:4401:31:4900:12:47	
86	1	Julian Hart	Male Vet 40	Mercia Fell Runners	00:0001:27:0600:34:2600:37:2100:40:1601:33:4500:46:3101:31:5100:12:58	
87	119	Steve Atherton	Male Vet 50	Ambelside AC	00:0001:27:4500:37:2000:34:5200:42:4201:41:4800:35:3301:33:5900:13:00	
88	45	Capt Amy Pennington	Female Open	170 Engr Gp	00:0001:32:4600:36:4100:35:4300:44:2101:34:5000:43:4801:26:1900:14:07	
89	84	Lloyd Rees	Male Open	Unattached	00:0001:26:3000:33:1200:30:0500:40:0401:44:3900:41:4101:38:4700:17:32	
90	39	Stephen Whitlock	Male Vet 40	ACDS (Log Ops)	00:0001:32:3200:35:0900:34:5100:38:3301:41:5900:42:4001:31:0100:16:25	
91	125	Mark Agnew	Male Vet 40	Mercia Fell Runners	00:0001:22:4600:35:1400:41:5100:39:0501:34:5700:45:4301:38:2900:15:45	
92	62	Owen Williams	Male Open	Unattached	00:0001:26:5300:34:4200:37:0500:48:2401:34:5000:48:2401:30:5200:14:55	
93	63	Matthew Maynard	Male Open	Team bath ac	00:0001:26:5000:34:3300:37:2600:48:1101:34:4800:43:2601:35:5400:15:09	
94	64	Christopher Wesley	Male Open	Unattached	00:0001:32:3900:38:5500:32:5600:42:2201:37:0900:43:5601:36:0200:14:46	
95	46	Ssgt Steve Coates	Male Open	170 Engr Gp	00:0001:30:5500:36:3800:35:2700:38:4801:42:3100:43:4701:36:3900:14:27	
96	60	Austin Bowers	Male Open	Unattached	00:0001:32:1300:39:2400:32:4600:42:3301:37:1100:43:5701:36:0400:16:55	
97	15	John Pelton	Male Vet 50	Unattached	00:0001:32:5000:36:4200:33:1400:40:1101:40:1100:42:4201:40:4200:14:48	
98	22	Dafydd Owen	Male Vet 60	Prestatyn RC	00:0001:33:4100:39:2000:34:5800:36:2901:39:4700:37:2501:47:3400:14:04	
99	107	Mike Hobday	Male Vet 50	Abergele Mysteruns	00:0001:31:4000:37:4300:36:4400:43:0801:35:2400:43:1101:44:0500:15:47	
100	133	David Jones	Male Vet 50	Mysteruns of Abergele	00:0001:31:3100:37:4400:37:0200:43:1201:35:4200:45:0301:42:3000:15:06	
101	112	John Humphries	Male Vet 50	Mysteruns of Abergele	00:0001:30:2600:38:5300:36:4500:42:0601:36:4300:43:4101:44:1500:15:18	
=	34	Capt Roy Mitton	Male Vet 40	170 Engr Gp	01:32:2900:40:2300:44:1300:46:2001:50:5406:33:06	Rtd
=	113	Philippe Wery	Male Vet 40	Southville RC	01:56:2401:02:0600:38:4200:44:0401:58:1207:14:18	Rtd
=	49	Jonathan Johnson	Male Vet 40	Unattached	01:27:2900:35:4600:33:5800:41:11	Rtd
=	2	Dave Kirkby	Male Vet 40	Eryri Harriers	01:50:5500:53:34	Rtd
=	89	Simon Jones	Male Open	Unattached	01:31:0100:37:1700:39:3000:52:2201:54:15	Rtd
=	12	Caroline Monk	Female Open	Warley Woods Pacers	01:37:0500:43:4500:52:4300:58:28	Rtd
=	11	Robert Simmonds	Male Vet 50	Warley Woods Pacers	01:37:0800:43:4500:52:5400:58:20	Rtd

## Mynyddwyr: Dosbarth C / Mountaineers: Class C Amser Cychwyn / Start Time: 08:31

Safle	Rhif	Enw	Dosbarth	Clwb	Cosb	Diwedd
Pos	No.	Name	Category	Club	Penalty Alpha Lima Delta Bravo Golf PapaUniform	Finish
1	202	Paul Hodges	Male Vet 40	Eryri Harriers	00:0001:20:4200:33:1900:26:2100:27:2200:52:5700:34:5901:13:2800:11:31	
2	222	Bob Hind	Male Vet 60	BLINDVETERANSUK	00:0001:21:3900:37:0400:26:4200:27:30	01:18:0300:11:44
3	214	Paul Boakes	Male Vet 40	Unattached	00:0001:22:1600:36:5200:26:2500:28:3301:22:3200:41:2801:19:2500:11:10	
4	209	Roy Silver	Male Vet 50	Les Croupiers	00:0001:35:5300:36:2800:28:3300:43:4400:56:2000:39:1901:19:4300:12:02	
5	203	Bob Blackwell	Male Vet 50	Rhos on sea cycling club	00:0001:47:3900:41:3700:33:4600:47:2301:03:3600:42:3601:26:1100:13:02	
6	208	John Byrne	Male Vet 50	Unattached	00:0001:43:2700:44:3300:35:2300:31:1601:13:2800:39:4601:45:0400:16:24	
7	224	Anna MacPherson	Female Open	Unattached	00:0001:49:2400:41:4000:37:2200:45:4801:15:2000:54:0601:44:0300:17:05	
8	223	Campbell Close	Male Open	Unattached	00:0001:49:2600:41:4000:37:2800:45:4301:15:2400:53:5501:44:1000:17:07	
9	211	Steve Palmer	Male Open	Unattached	00:0001:47:4600:40:4600:37:4400:54:0001:38:2700:58:1901:30:1800:14:07	
10	210	Matt Ford	Male Open	Unattached	00:0001:47:5000:40:3800:38:0300:53:4801:38:2700:59:4601:29:2000:14:11	
11	226	Anthony Jones	Male Open	Unattached	00:0001:51:4300:47:1700:39:5300:48:1601:32:0000:52:3101:39:1500:14:17	
12	225	Nathan Jones	Male Open	Unattached	00:0001:51:4000:47:1700:39:4900:48:2701:31:5100:52:3401:39:2100:14:19	
13	212	Capt Richard Taerle	Male Open	170 Engr Gp	00:0001:44:5400:42:1400:54:5800:41:4101:35:2500:50:3701:44:3900:14:26	
14	215	Steve Hughes	Male Open	Unattached	00:0002:02:1100:47:3100:46:1401:05:4901:25:0600:53:37	
15	213	Andrew Bonnett	Male Open	Unattached	00:0002:02:2500:47:1300:45:5001:06:0601:25:2700:51:56	
16	206	Roz Tucker	Female Open	Cambridge Harriers	00:0002:02:2200:47:2400:46:1601:06:0001:25:4400:52:14	
=	219	Rob Barber	Male Vet 40	WFRA	01:49:1900:48:1000:39:0500:48:58	06:23:35 Rtd
=	220	Mark Wusthoff	Male Vet 40	N/A	01:54:5900:44:2500:43:2800:59:5501:46:52	Rtd
=	227	Howard Dymond	Male Open	Unattached	02:01:4200:52:1300:47:4201:03:07	Rtd
=	207	Ben Welch	Male Open	Unattached	01:58:1400:55:4400:47:2301:03:27	Rtd

**Tim: Dosbarth D / Team: Class D Amser Cychwyn / Start Time: 08:31**

Safle Rhif	Enw Pos No. Name	Dosbarth Category	Clwb Club	Cosb						Diwedd Finish
				Penalty	Alpha	Lima	Delta	Bravo	Golf	
1	172 Cfn Taylor	Male Junior	101 Bn REME A	00:0001:43:4900:37:2500:30:1500:40:4601:46:3300:49:4200:59:0400:09:13						
2	173 Lcpl Darmont	Male Open	101 Bn REME A	00:0001:43:4600:37:1500:30:2100:41:0501:46:4900:49:2701:08:4800:11:36						
3	196 Wo2 Clarke	Male Open	Pioneer Regt A	00:0001:29:4600:42:1200:29:2700:45:5601:58:5800:48:5201:20:0800:19:11						
4	198 Capt Evans-Fry	Male Open	23 Pioneer Regt C	00:0001:45:1600:39:1000:31:1600:41:4001:53:3700:54:1801:21:1200:11:25						
5	170 Ssgt Tinker	Male Open	101 Bn REME A	00:0001:44:0800:37:4700:30:2800:40:2001:45:3000:51:3501:33:1000:14:46						
6	195 Wo1 Lane	Male Vet 40	Pioneer Regt A	00:0001:30:1200:41:5600:29:4200:45:5001:59:0500:48:5701:32:5000:15:09						
7	197 Ssgt Bennett	Male Open	Pioneer Regt A	00:0001:30:0100:42:0500:29:3000:45:5401:59:0700:49:0101:33:1000:15:05						
8	171 Cfn Levick	Male Open	101 Bn REME A	00:0001:45:2700:36:0500:30:5500:40:4901:45:4800:51:4801:44:1500:15:27						
9	201 Pte Keeling	Male Open	23 Pioneer Regt C	00:0001:45:1900:39:1000:31:0400:41:5301:53:5700:54:2401:39:3200:14:12						
10	199 Lcpl Hickson	Male Open	23 Pioneer Regt C	00:0001:45:3100:39:0000:31:0800:41:5101:53:4500:54:1701:49:0600:16:20						
11	200 Lcpl Birkin	Male Open	23 Pioneer Regt C	00:0001:46:2000:38:1400:30:4800:42:1701:54:0400:54:3501:48:3600:16:41						
12	189 Lcpl Chantrell	Male Open	23 Pioneer Regt B	00:0001:42:0200:40:0200:33:5000:45:2602:03:4201:06:2801:36:2600:14:45						
13	186 Capt Smale	Male Open	23 Pioneer Regt B	00:0001:41:5200:40:0600:33:2900:45:4602:03:4201:07:0001:36:4400:14:28						
14	187 Ssgt Neal	Male Open	23 Pioneer Regt B	00:0001:42:1000:39:5700:33:3700:45:5902:04:0501:07:4201:45:1800:14:19						
15	188 Cpl Thomas	Male Open	23 Pioneer Regt B	00:0001:42:1500:40:0500:33:1000:46:4102:04:3901:07:1901:45:2600:16:01						
16	143 Sgt Richardson	Male Open	ITC	00:0001:43:1000:41:0900:37:1700:50:5902:07:4301:00:4201:42:4200:17:08						
17	139 Capt Tommy Elias	Male Open	POW Division 1 ITB	00:0001:46:4800:43:5500:47:5501:05:1502:22:0700:57:3201:22:4300:14:10						
18	150 Lt Chappell	Male Open	106 Reg RA 457 (A)	00:0001:52:4100:49:0000:47:4900:58:2502:21:0500:49:5501:21:2100:14:16						
19	144 Sgt Brown	Male Open	ITC	00:3001:42:2700:38:2100:40:3000:51:1302:07:5601:00:29						
20	145 Sgt Sedgely	Male Open	ITC	00:3001:42:4600:41:3600:37:1700:50:4502:07:2801:00:40						
21	151 Lbdr McNeill	Male Open	106 Reg RA 457 (A)	00:0001:52:4600:49:0100:48:0700:58:0502:21:0200:49:3701:22:1800:14:34						
22	175 Cfn Pritchard	Male Open	101Bn REME B	00:0001:45:0100:40:5300:37:0401:02:5102:38:5400:56:0801:31:0100:13:57						
23	176 Cfn Leah	Male Open	101Bn REME B	00:0001:44:5100:45:1400:39:0000:56:4702:32:3900:56:2501:29:2600:16:09						
24	179 Lcpl Rai	Male Open	2 Field Company	00:3001:45:0300:43:2200:38:0300:58:5502:34:0100:57:35						
25	147 Ssgt Tinson	Male Open	106 Regt RA	00:0001:52:5800:46:5700:42:0300:50:0202:18:2600:58:2601:40:2300:17:37						
26	180 Lcpl Price	Male Open	2 Field Company	00:3001:45:1200:43:1100:39:5100:56:1102:32:2100:56:51						
27	174 Lcpl Lucas	Male Open	101Bn REME B	00:0001:46:3400:42:0500:34:2901:02:3102:38:4100:56:2301:39:2300:22:15						
28	153 Lbdr Carrington	Male Open	106 Reg RA 457 (A)	00:0001:54:3400:47:1000:40:1601:06:0902:28:3900:52:3001:40:4100:17:14						
29	142 Capt Gareth Smyth	Male Open	POW Division 1 ITB	00:0001:46:5100:43:4800:47:5001:05:3002:22:2300:58:1801:37:0300:28:15						
30	177 Cfn Smith	Male Open	101Bn REME B	00:0001:45:0600:45:0200:39:0000:56:4802:32:4900:56:1701:50:0200:17:33						
31	140 Lt Bryn Reeves	Male Open	POW Division 1 ITB	00:0001:48:5700:44:5000:46:4901:03:2002:20:1200:58:0701:49:3500:17:25						
=	146 Wo2 Weber	Male Vet 50	106 Regt RA	02:00:4200:39:0900:40:5100:46:1502:18:0706:38:19						Rtd
=	152 Sgt Japes	Male Open	106 Reg RA 457 (A)	01:54:5400:47:0100:47:2700:58:4502:21:2506:43:04						Rtd
=	165 Ed Sutton	Male Vet 40	Parkes and Co	01:55:2700:43:3700:42:4300:49:4402:19:1307:00:42						Rtd
=	162 Nick Parkes	Male Vet 40	Parkes and Co	01:55:2100:43:4700:43:0400:49:2302:18:4507:00:49						Rtd



=	164	Ben Summers	Male Open	Parkes and Co	01:55:2400:43:4700:43:0700:50:2402:18:4807:02:03	Rtd
=	163	Chris Harrison	Male Vet 50	Parkes and Co	01:55:1700:43:5700:43:1000:50:1502:18:4707:02:16	Rtd
=	138	Lcpl T Townsend	Male Open	521 STRE (WD)	02:05:5100:52:2100:45:4701:05:1402:35:2407:21:11	Rtd
=	135	Capt John Jervis	Male Open	521 STRE (WD)	02:05:5700:52:1800:46:1701:04:4502:34:5407:21:27	Rtd
=	136	Sgt M Milburn	Male Open	521 STRE (WD)	02:05:5900:52:2000:45:5101:05:1802:35:2107:21:36	Rtd
=	166	Ssgt Shackleton	Male Open	71 (City of London) Yeomanry Signal	02:03:3100:53:1500:49:0401:06:1302:34:2307:29:34	Rtd
=	169	Lcpl McRoberts	Male Open	71 (City of London) Yeomanry Signal	02:03:3900:53:1000:49:0501:06:1702:34:1407:29:49	Rtd
=	168	Cpl Sutton	Male Open	71 (City of London) Yeomanry Signal	02:03:3400:53:1800:49:0601:06:1502:34:2107:30:21	Rtd
=	167	Sgt Nugent	Male Open	71 (City of London) Yeomanry Signal	02:03:3600:53:0700:49:0301:06:1902:34:3007:30:25	Rtd
=	192	Pte Spieby	Male Open	23 Pioneer Regt Mixed	02:07:4300:56:4900:47:4101:01:4102:46:5207:41:59	Rtd
=	190	Lt Col Clouston	Male Vet 40	23 Pioneer Regt Mixed	02:07:2700:56:4300:47:4601:06:5902:47:3907:42:03	Rtd
=	183	Ssgt Pearn	Male Open	23 Pioneer Regt D	02:07:3200:56:4700:47:4201:09:4102:47:4507:42:22	Rtd
=	182	Ssgt Mason	Male Open	23 Pioneer Regt D	02:09:3500:54:5200:50:3400:58:5702:44:4907:46:36	Rtd
=	194	Capt Andrews	Male Vet 40	Pioneer Regt A	01:29:3900:42:1500:29:1400:46:10	Rtd
=	178	Lcpl Hurley	Male Open	2 Field Company	01:44:2900:43:5000:39:4800:57:12	Rtd
=	181	Cfn Griffiths	Male Open	2 Field Company	01:49:0200:42:4500:39:2101:00:32	Rtd
=	141	Maj Richard Hoy	Male Open	POW Division 1 ITB	01:49:0500:45:5100:46:0701:04:41	Rtd
=	156	Gnr Payne	Male Open	106 Reg RA 457 (B)	02:10:0100:53:36	Rtd
=	184	Sgt Pollitt	Male Open	23 Pioneer Regt D	02:07:2200:56:5400:47:5101:02:3502:47:34	Rtd
=	149	Gnr Byers	Male Open	106 Regt RA	02:08:4100:53:1600:41:3601:13:06	Rtd
=	155	Gnr Pimblott	Male Open	106 Reg RA 457 (B)	02:09:5600:51:5600:40:2201:14:33	Rtd
=	185	Sgt Delaney	Male Open	23 Pioneer Regt D	02:08:0700:56:1600:48:5201:09:0202:46:42	Rtd
=	191	Sgt Gavillet	Female Open	23 Pioneer Regt Mixed	02:09:1900:55:1700:50:0301:09:3602:45:14	Rtd
=	193	Pte Blake	Female Open	23 Pioneer Regt Mixed	02:09:3000:55:1200:50:1501:09:3002:45:20	Rtd

## Rhedwyr Mynydd: Dosbarth E / Fell Runners: Class E Amser Cychwyn / Start Time: 10:37

Safle	Rhif	Enw	Dosbarth	Clwb	Cosb	Diwedd
Pos	No.	Name	Category	Club	Penalty Foxtrot	PapaUniform Finish
1	250	Hugh O'Donnell	Male Open	Eryri Harriers	00:0000:37:0000:17:40	00:51:2900:08:13
2	252	Adam Haynes	Male Vet 50	Eryri Harriers	00:0000:39:1100:21:16	00:52:1600:08:06
3	240	Gary Porter-Jones	Male Vet 40	Eryri Harriers	00:0000:39:1600:21:13	00:52:5900:07:58
4	245	Will Stone	Male Open	Unattached	00:0000:39:1800:24:47	00:58:4400:08:38
5	293	Chris Wilcox	Male Vet 50	Clwydian Range Runners	00:0000:42:4600:24:17	00:58:2700:09:10
6	251	Oli Daffarn	Male Open	Unattached	00:0000:42:3500:32:04	00:53:4500:09:31
7	235	Ross Roberts	Male Open	Eryri Harriers	00:0000:42:5200:23:45	01:02:3600:09:23
8	254	Louise Beetlestone	Female Open	Eryri Harriers	00:0000:44:4200:23:52	01:01:2600:09:41
9	238	Ciaran Mullan	Male Junior	Unattached	00:0000:42:2500:32:07	01:01:2400:09:13
10	246	Stephen Cannons	Male Vet 50	Unattached	00:0000:46:4100:27:26	01:02:4800:10:16
11	233	Megan Lynne Hughes	Female Open	Eryri Harriers	00:0000:45:5600:29:40	01:10:3200:12:01
12	229	Terry Coleman	Male Vet 50	Unattached	00:0000:54:1600:25:08	01:10:3600:10:53
13	248	Mike Blake	Male Vet 60	Eryri Harriers	00:0000:51:4100:25:46	01:14:0000:12:21
14	232	Katherine Torr	Female Open	Team Deviant	00:0000:54:1800:29:11	01:10:3400:10:35
15	236	Jack Norton	Male Open	Gorphwysfa	00:0000:54:1300:25:40	01:14:3300:11:55
16	237	Gerard Tennant	Male Open	Unattached	00:0000:48:0200:39:48	01:09:3100:11:44
17	234	Maggie Oliver	Female Vet 60	Eryri Harriers	00:0001:01:4800:38:50	01:19:2800:12:48
18	253	Edward Wakeford	Male Open	Unattached	00:0001:05:4200:38:11	01:18:1800:12:35
19	239	Jamie Soul	Male Open	Unattached	00:0001:05:3400:48:56	01:20:3100:12:38
20	292	Marco Smolla	Male Open	UMHC	00:0001:05:3300:47:06	01:35:4900:17:44
21	231	Les Thurston	Male Vet 60	Bishops Stortford RC	00:0001:08:2201:00:22	01:25:2900:13:18
22	255	David Hall	Male Vet 70	Gorphwysfa	00:0001:15:2700:54:45	01:31:3200:14:42
23	256	Hazel Robbins	Female Vet 50	Eryri Harriers	00:0001:50:0700:39:39	01:49:1200:13:03
=	230	Paul Waldron	Male Vet 40	Tavistock AC	01:30:29	Rtd

## Mynyddwyr: Class F / Mountaineers: Class F

## Amser Cychwyn / Start Time: 10:37

Safle	Rhif	Enw	Dosbarth	Clwb	Cosb	Diwedd
Pos	No.	Name	Category	Club	Penalty	Golf PapaUniform Finish
1	271	Andy Creber	Male Vet 50	Chepstow Harriers	00:0000:48:0000:17:53	01:07:4200:10:20
2	279	Captain Neil Turnbull	Male Vet 50	101 Bn REME	00:00	01:14:0200:11:37
3	280	Wo2 Philip Hardy	Male Vet 50	101 Bn REME	00:0001:02:58	00:42:5601:29:3100:15:09
4	269	Mark Card	Male Open	Unattached	00:0001:00:28	00:45:5601:40:4200:14:33
5	283	Helen Ashworth	Female Open	Prestatyn RC	00:00	01:33:1800:12:57
6	284	Mel Hooper	Female Open	Prestatyn RC	00:00	01:32:2100:13:15
7	286	Jayne Penrhyn-Jones	Female Vet 50	Prestatyn RC	00:00	01:32:1300:13:36
8	285	Claire Gadsby	Female Open	Prestatyn RC	00:00	01:32:3900:13:16
9	282	Rebecca Smith	Female Open	Gorphwysfa	00:00	01:20:2600:12:38
10	291	Dave Haywood	Male Open	Unattached	00:00	01:41:0700:14:07
11	273	Geoffrey Price	Male Vet 60	Na	00:1501:00:30	00:45:5001:40:5600:15:15
12	261	Alun Roberts	Male Vet 40	Unattached	00:00	01:38:1600:17:01
13	259	Olivia Maynard	Female Open	Unattached	00:0001:03:04	01:07:3802:06:3800:15:35
14	263	Peter Potter	Male Vet 50	Deeside Orienteering Club	00:0001:15:37	00:54:2602:05:5400:17:21
15	264	Barry Hughes	Male Vet 40	Unattached	00:0001:15:42	00:54:1002:06:1900:17:13
16	260	Sofia Fontana	Female Open	Unattached	00:0001:03:10	01:08:2802:05:4800:16:12
17	276	Maj Sean Wardle	Male Vet 50	265 SP Sqn 71 Signal Regt	00:0001:17:07	01:04:1801:55:5200:16:28
18	267	Perry Bellis	Male Vet 50	Unattached	00:0001:15:49	00:54:0902:06:2300:17:39
19	281	Harry Wilsdon	Male Open	Unattached	00:0001:17:01	01:05:0901:58:4600:24:45
20	270	Nikki Russell	Female Open	Gorphwysfa	00:0001:17:05	01:05:0901:58:4600:24:48
21	272	Katie Meredith	Female Vet 40	Chorlton Runners	00:0001:16:55	01:16:0902:17:3000:23:44
22	274	Rachel Dennison	Female Open	Chorlton Runners	00:0001:16:59	01:15:0802:17:4100:24:35
23	257	David Jenns	Male Vet 60	Unattached	00:0001:17:25	01:05:5502:35:1100:17:35
24	290	Damien Brown	Male Vet 40	Unattached	00:0001:17:16	01:16:0902:18:3300:25:41
25	275	Cpl Paul Broadbent	Male Vet 50	265 SP Sqn 71 Signal Regt	00:0001:17:11	01:04:3702:36:5400:26:32
26	287	Austin Bell	Male Vet 60	Mysturuns	00:0002:29:12	00:55:4601:45:2000:16:11
27	258	Harold Binmore	Male Vet 60	Unattached	00:0001:17:31	01:05:5302:41:3100:24:05
28	288	Melanie Williams	Female Vet 50	Mysteruns of Abergele	00:0002:29:08	00:55:4701:54:1700:17:22
29	243	Wo2 Abe Keeble	Male Vet 40	265 SP Sqn 71 Signal Regt	00:00	02:19:0500:22:37
30	241	Lcpl Carl Crane	Male Vet 40	265 SP Sqn 71 Signal Regt	00:00	02:20:0100:21:43
31	278	Lcpl Andy Turner	Male Open	265 SP Sqn 71 Signal Regt	00:00	02:20:4700:21:15
32	242	Lcpl Peter Fox	Male Open	265 SP Sqn 71 Signal Regt	00:00	02:20:5900:21:09
=	289	Deborah Brian	Female Vet 40	Chorlton Runners		02:33:35 Rtd

## Canlyniadau Tim / Team Results

<hr/>				
<b>101 Bn REME A</b>	<b>214</b>	<b>Amser /</b>	<b>Aggregate Time</b>	<b>20:41:27</b>
	<b>Rhif / No</b>	<b>Enw / Name</b>		<b>Amser / Time</b>
	172	Cfn	Taylor	06:36:01
	173	Lcpl	Darmont	06:48:02
	170	Ssgt	Tinker	07:17:24
	171	Cfn	Levick	07:29:45
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<b>Pioneer Regt A</b>	<b>267</b>	<b>Amser /</b>	<b>Aggregate Time</b>	<b>21:44:24</b>
	<b>Rhif / No</b>	<b>Enw / Name</b>		<b>Amser / Time</b>
	194	Capt	Andrews	
	196	Wo2	Clarke	07:08:34
	195	Wo1	Lane	07:17:51
	197	Ssgt	Bennett	07:17:59
<hr/>				
<b>23 Pioneer Regt C</b>	<b>271</b>	<b>Amser /</b>	<b>Aggregate Time</b>	<b>22:42:59</b>
	<b>Rhif / No</b>	<b>Enw / Name</b>		<b>Amser / Time</b>
	198	Capt	Evans-Fry	07:16:14
	201	Pte	Keeling	07:37:38
	199	Lcpl	Hickson	07:49:07
	200	Lcpl	Birkin	07:49:18
<hr/>				
<b>23 Pioneer Regt B</b>	<b>259</b>	<b>Amser /</b>	<b>Aggregate Time</b>	<b>24:01:44</b>
	<b>Rhif / No</b>	<b>Enw / Name</b>		<b>Amser / Time</b>
	189	Lcpl	Chantrell	07:57:15

	186	Capt	Smale	07:57:21
	187	Ssgt	Neal	08:07:08
	188	Cpl	Thomas	08:08:55
<b>ITC</b>	<b>108</b>	<b>Amser /</b>	<b>Aggregate</b>	<b>24:42:39</b>
	<b>Rhif / No</b>	<b>Enw / Name</b>		<b>Amser / Time</b>
	143	Sgt	Richardson	08:09:51
	144	Sgt	Brown	08:16:10
	145	Sgt	Sedgely	08:16:38
<b>106 Reg RA 457 (A)</b>	<b>169</b>	<b>Amser /</b>	<b>Aggregate</b>	<b>25:14:36</b>
	<b>Rhif / No</b>	<b>Enw / Name</b>		<b>Amser / Time</b>
	152	Sgt	Japes	
	150	Lt	Chappell	08:16:07
	151	Lbdr	McNeill	08:17:25
	153	Lbdr	Carrington	08:41:04
<b>101Bn REME B</b>	<b>218</b>	<b>Amser /</b>	<b>Aggregate</b>	<b>25:26:32</b>
	<b>Rhif / No</b>	<b>Enw / Name</b>		<b>Amser / Time</b>
	175	Cfn	Pritchard	08:22:58
	176	Cfn	Leah	08:23:44
	174	Lcpl	Lucas	08:39:50
	177	Cfn	Smith	08:45:49
<b>POW Division 1 ITB</b>	<b>80</b>	<b>Amser /</b>	<b>Aggregate</b>	<b>25:45:33</b>
	<b>Rhif / No</b>	<b>Enw / Name</b>		<b>Amser / Time</b>
	141	Maj Richard	Hoy	
	139	Capt Tommy	Elias	08:15:10
	142	Capt Gareth	Smyth	08:44:28

	140	Lt Bryn	Reeves	08:45:55
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