

WELSH 1000 metre Peaks. Control and Course Details

Description	Control Call Sign	Grid Ref	Type	Note for Runner	OpenTime	CloseTime
Start Field next to A55	ABER START	653728	DIB	Dib at entry to Start Pen	06:30	09:00
Yr Aryg	ALPHA	681674	DIB	Dib	08:30	11:00
Carnedd Llewelyn	LIMA	684644	DIB	Dib	09:00	12:00
Carnedd Dafydd	DELTA	663630	DIB	Dib	09:30	12:30
Carneddau Ridge – derelict wall	INDIA	676631	PUNCH	At this Safety control, Race number must be punched in Box “India”	09:00	12:45
Mountain Rescue Post at Bryn Poeth	BRAVO	674607	DIB	Dib	09:30	13:15
Road Crossing at Car Park	OSCAR	659602	NO ACTION	Dib	09:30	13:30
Bend on path to Llyn Idwal	OGWEN START	652602	DIB	Only used by the 3 Peak Course	10:30	11:00
Gribin Ridge	ROMEO	650586	NO ACTION		11:00	14:00
Glyder Fawr Summit	FOXTROT	643579	DIB	Dib	11:15	14:00
Pen y Pass	PAPA	648556	DIB	Dib	11:00	15:00
Carnedd Ugain	UNIFORM	611552	DIB	Dib	12:30	16:45
Snowdon Summit	WHISKEY	610544	DIB	Dib both Readers	12:30	17:00

A “PUNCH” control means one with an orienteering-style pin punch.

The 3 Peak course starting at “Ogwen Start” is accessed from Idwal Cottage